



50 HOURS
OF SERVICE
CHALLENGE

NATIONAL PRESBYTERIAN CHURCH

www.nationalpres.org/50

“...through love, serve one another.”

GALATIANS 5:13

What is the 50 Hours of Service Challenge?

As National Presbyterian Church celebrates 50 years at our current campus, we also celebrate a tradition of service. Ours is a church that serves—one another, our community and the world.

Over the next year we are challenging the entire NPC congregation to focus on service and celebrate what we learn from serving others.

There is a special place on the NPC website for you to record your service as an individual, a family, or a small group. Go to www.nationalpres.org/50 to see what others are doing, learn about new opportunities, find inspiration, and share your experience.

In the next pages, you'll find just a sampling of ways you can serve and Bible verses about service. Use the journaling space to record what you have done and reflect on the experience.

Where can I serve?

There are many ways and places to serve. Take a look at some of the ideas here and add ideas of your own.

Take on the 50 hour service challenge as an individual, as a family, or together with your small group. Organize friends to do a Saturday project or join a group going on an overseas mission trip.

How do I get started?

If you're already serving and want to continue, go to www.nationalpres.org/50 and let us know what you're doing and how often you serve.

If you're looking for a new way to serve, look at the ideas here or on the website, then contact the person or organization listed.

Questions? Please contact John Turpin in the church's Serve Ministries office at jturpin@nationalpres.org or 202-537-7505.

SERVE WHERE YOU ARE

- Help a neighbor with lawn work
- Pick up groceries for an elderly neighbor
- Join a non-profit or ministry board
- Join a PTA or school support committee
- Invite a friend to lunch; talk about Jesus
- Babysit for someone who needs a night off
- Invite an international student to have dinner with your family

SERVE IN DC

- Tutor and befriend a child at
Unique Learning Center
www.ulcdc.org
- Serve breakfast to the homeless at
Central Union Mission
www.missiondc.org
- Join a young person in their walk
of faith with **Young Life**
www.metrodc.younglife.org
- Help provide food for the hungry
with **Martha's Table**
www.marthastable.org
- Clean up creeks and riverways
with **Anacostia Watershed Society**
www.anacostiaws.org
- Help foster youth and families
with **DC 127**
www.DC127.org

You shall love your neighbor as yourself: I am the Lord. LEVITICUS 19:18

Service Record and Journal Space

“The notion of service for a Christian begins with our own community, but must extend beyond that. When the expert in the law asked Jesus who was his neighbor, Jesus told the parable of the Good Samaritan. The hero of that story is not a member of the community, that Samaritan never asked whether he had a special connection to the person in need.”

—David Mack, NPC Member, Former Session Member, and Refugee Family Project Volunteer

SERVE IN MARYLAND

- Help serve the hungry with **Manna Food Center** in Gaithersburg and around Montgomery County
www.mannafood.org
- Organize a food or clothing drive for **Bethesda Cares**
www.bethesdacares.org
- Drive a truck to provide apartment furnishings for families in poverty with **A Wider Circle**
www.awidercircle.org
- Support refugees resettling in Maryland with **Lutheran Social Services**
www.lssnca.org
- Help kids getting treatment at National Institutes of Health with **Children's Inn at NIH**
www.childrensinn.org

SERVE IN VIRGINIA

- Serve food with **Arlington Food Assistance Center**
www.afac.org
- Translate for a non-English-speaking domestic violence victim in Falls Church with **Just Neighbors**
www.justneighbors.org
- Help transform a life and serve the homeless in Fairfax with **The Lamb Center**
www.thelambcenter.org
- Encourage a new life out of homelessness in Alexandria with **The Carpenter's Shelter**
www.carpentersshelter.org
- Volunteer to help residents at the McLean **Vinson Hall Military Retirement Home**
www.vinsonhall.org

SERVE WITH THE WHOLE FAMILY

- Make a casserole for the homeless at
Central Union Mission
www.missiondc.org
- Pray for our church and mission partners every day using the Mission Prayer Calendar in the church information racks
- Join the crew in NPC's Stone Hall for Second Sunday Sandwich Making for the hungry
- Be a part of Youth Service Days in November and March
- Visit and encourage our neighbors at
Ingleside Rock Creek
www.ircdc.org

SERVE AT CHURCH

- Be a greeter or a Sunday Ambassador.
Contact Leslie Saum, Isaum@nationalpres.org
- Teach children's Sunday School.
Contact Cate McCrory, cmcrory@nationalpres.org
- Help with community service days at church.
Contact John Turpin, jturpin@nationalpres.org
- Serve lunch to AU international students.
Contact Nancy Fox, nancytfox@gmail.com
- Take a flower vase to someone homebound on Sundays.
- Help out in the church library on weekdays.
Contact Jim Anderson, library@nationalpres.org

SERVE BEYOND DC

- Join a medical mission trip to the Dominican Republic or Haiti with **Foundation for Peace**
www.foundationforpeace.org
- Teach English or provide institutional support for seminaries in Thailand or Bethlehem.
Contact John Forrer, john.forrer@gmail.com
- Join hurricane relief efforts. Contact John Turpin for more details, jturpin@nationalpres.org
- Help veterans at local military hospitals or with the **Wounded Warrior Project**
www.woundedwarriorproject.org
- Help provide safe homes in rural areas with the **Christian Appalachia Project**
www.christianapp.org

PROFESSIONAL & SKILL-BASED SERVICE

- Pray about how to integrate your faith and work
- Become a resume coach or a landlord through **Friendship Place**
www.friendshipplace.org
- Speakers of other languages: Assist new refugees with **Lutheran Social Services**
www.lssnca.org
- Offer your skills, whether you're a mechanic, attorney, or therapist, to help lift people out of poverty with **A Wider Circle**
www.awidercircle.org
- Give pro bono legal defense through the **DC Bar Association**
www.dcbar.org/pro-bono
- Give medical care to the homeless at **Christ House**
www.christhouse.org

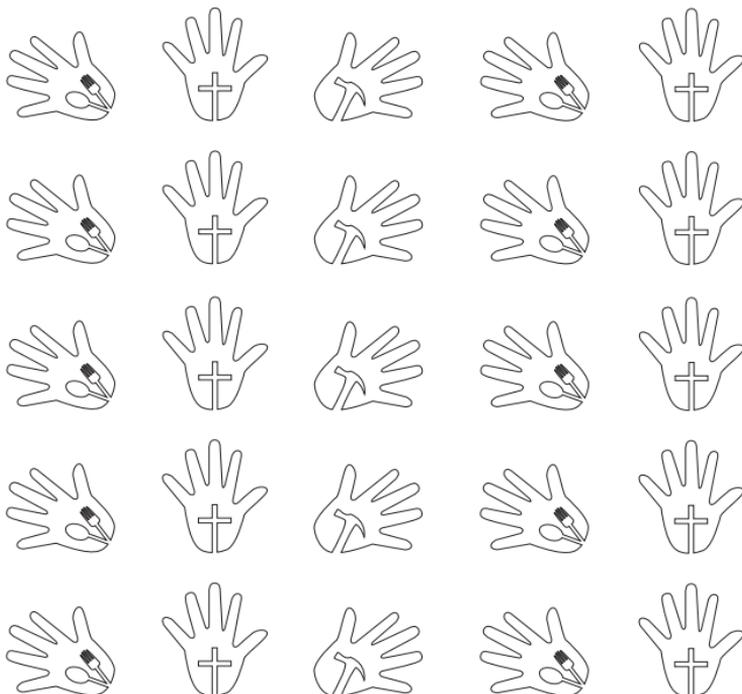
The Son of Man came not to be served but to serve, and to give his life as a ransom for many. MATTHEW 20:28

Service Record and Journal Space

“Serving as NPC’s liaison to International Justice Mission has shown me how our congregation can be a team player in bringing freedom and justice to vulnerable people around the world. And doing so is a powerful witness of Christ’s love for all of us.” —Evangeline Paschal, NPC Member and Attorney

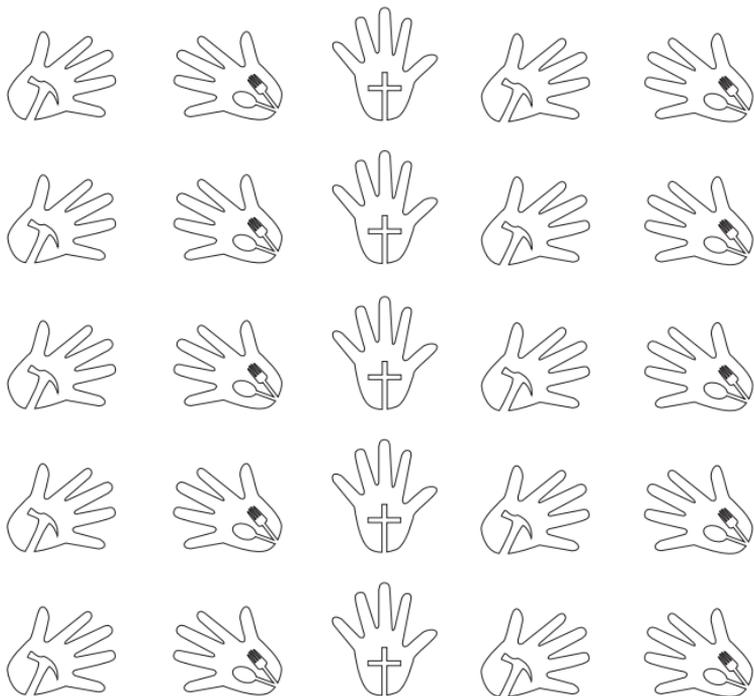
For we are what he has made us, created
God prepared beforehand to be our way

MARK ONE HAND FOR EACH HOUR!



in Christ Jesus for good works, which
of life. EPHESIANS 2:10

Share your experience! Bring this book to the
church office or go to www.nationalpres.org/50



The Challenge

To help us all think more deeply about how and why we serve, everyone at the church is invited to record their hours of service, beginning October 22 and continuing throughout the year.

You're invited to share at least one aspect of why serving is meaningful to you or to describe an experience you've had while serving. The goal is to have everyone log 50 hours of service in the next year. That may mean an hour a week, or perhaps part of a Saturday every month, or maybe a week-long mission trip. It's much less about the actual time as it is the call to see serving others as a part of a life following Christ.

You can accept the challenge for yourself, your family, your Bible study or small group, or another group of friends. Just go to www.nationalpres.org/50 and log in, then return to add more hours, stories or reflections. May God bless you abundantly as you serve!

Above all, maintain constant love for one another, for love covers a multitude of sins. Be hospitable to one another without complaining. Like good stewards of the manifold grace of God, serve one another with whatever gift each of you has received. Whoever speaks must do so as one speaking the very words of God; whoever serves must do so with the strength that God supplies, so that God may be glorified in all things through Jesus Christ. To him belong the glory and the power forever and ever. Amen. 1 PETER 4:8-11



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**Leading People to Become Faithful Followers
of Jesus Christ Together in God's World**



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